

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WK 1				
AM Snack: WG Cerea l, Milk Lunch: Turkey Meatballs, BBQ Sauce with Rice, Green Beans; Pears, Milk *Zesty Italian Vegan Soy Meatballs PM Snack: Graham Crackers and String Cheese, Chilled Water	AM Snack: Buttered Toast, Applesauce, Milk Lunch: WG Cheese Pizza, Broccoli, Mixed Fruit, Milk PM Snack: Trail Mix, Chilled Water	AM Snack: WG Cheeríos, Bananas, Mílk Lunch: Chícken Pasta w/ Broccolí, Mandarín Oranges, Milk *Meatless Pasta PM Snack: Salsa and Chíps, Chilled Water ***2's and under Ritz Crackers,Apple Sauce	AM Snack: WG English Muffin, Pineapples, Milk Lunch: Chicken Patty, Wheat Bread, Corn, Oranges, Milk *Garden Burger w/ Soy PM Snack: Cheez Its and Yogurt, Chilled water	AM Snack: Pancakes w/Syrup, Applesauce, Milk Lunch: Grilled Cheese, Seasonal Fruit, Vegetable, Milk PM Snack: Goldfish, 100% Apple Juice
WK 2				
AM Snack: WG Cereal, Milk Lunch: Turkey Corn Dogs, Mashed Potatoes, Pineapples, Milk *Breaded Cheese Sticks PM Snack: Vanilla Pudding, Chilled Water WK 3 AM Snack: WG Cereal Milk Lunch: Baked Beans with Beef Crumbles, Cooked Carrots, Baked Apples, Milk *Baked Beans PM Snack: Cucumber and Ranch	 AM Snack: WG French Toast w/Syrup, Apple Sauce, Milk Lunch: Mac & Cheese, Lima Beans, Pears, Milk PM Snack: WG Nutri-Grain Bar, Chilled Water AM Snack: Oatmeal, Bananas, Milk Lunch: Seasoned Ground Beef Crumbles w/ Cheese, Whole Wheat Tortilla, Peaches, Corn, Milk *Vegan Soy Meatballs PM Snack: Trail Mix, Chilled Water 	AM Snack: WG Blueberry Muffins, Oranges, Milk Lunch: Hamburgers w/Bun, Tater Tots, Baked Beans, Milk *Garden Burger PM Snack: Goldfish, 100% Juice Blend AM Snack: WG Cheese Toast, Pears, Milk Lunch: Cheesy Broccoli Casserole w/Rice Mandarin Oranges, Milk PM Snack: Flavored Animal Crackers, String Cheese, Chilled Water	 AM Snack: WG Bagels, Cream Cheese, Fresh Apples, Milk Lunch: Turkey & Cheese Sandwich w/Whole Wheat Bread, Salad, Mandarin Oranges, Milk *Cucumber Cheese Sandwich PM Snack: Graham Crackers, Yogurt, Chilled Water AM Snack: Biscuit w/Apple Butter, Pineapples, Milk Lunch: Pancakes, Turkey Sausage, Hash Brown, Applesauce, Milk *Gardenburger w/ Soy PM Snack: Oatmeal Cookies, Yogurt, Chilled Water 	AM Snack: WG Oatmeal, Raisins, Milk Lunch: Chicken Nuggets, Green Beans, Peaches, Milk *Vegetarian Meatless Chicken Strips PM Snack: Ritz Crackers, Cheese Cubes, Chilled Water AM Snack: Bagel w/ Cream Cheese, Fruit, Milk Lunch: Cream of Mushroom over Pulled Turkey w/ Spaghetti, Green Beans, Mixed Fruit *No Pulled Turkey PM Snack: Baked Cheese Squares, 100% Apple Juice Blend
WK4				
AM Snack: WG Cereal, Milk Lunch: Popcorn Chicken, Mashed Potatoes, Pineapples, Milk *Meatless Chicken PM Snack: Pudding, Nilla Wafers, Chilled Water	AM Snack: WG French Toast w/Syrup, Applesauce, Milk Lunch: Vegetable Bean Chili, Cornbread, Oranges, Milk PM Snack: WG Nutri-Grain Bar, Chilled Water	AM Snack: WG Oatmeal, Craisins, Milk Lunch: Cheesy Ravioli, Green Beans, Peaches, Milk PM Snack: Wheat Thins, Cheese Dip, 100% Apple Juice Blend <mark>2's and under Ritz crackers and cheese</mark>	 AM Snack: Cinnamon Raisin Bread, Cream Cheese, Milk Lunch: Chicken Tenders, Fries, Baked Apples, Milk *Vegetarian Meatless Chicken Strips PM Snack: Veggie Straws, Chilled Water 	AM Snack: Blueberry Muffins, Oranges, Milk Lunch: Beefy Mac Casserole, Lima Beans, Mixed Fruit, Milk *Planet Based Crumbles PM Snack: *Special Snack Day* Rice Krispy Treat,Chilled Water